

# Welcome to the August newsletter from HGMA/RFA

## **Mountain Skills**

Spaces are still available on the Mountain skills level 3 running from 8<sup>th</sup> to 10<sup>th</sup> Aug. This 3 day course is aimed at persons who have attended our levels 1 and 2 programmes or similar and wish to put the final pieces together in the jigsaw. Cost per person £245 includes breakfast, lunch and 1 nights accommodation.

## **Walking Break**

Why not join us on a short guided walking break in Snowdonia from Monday 18<sup>th</sup> to Thursday 21<sup>st</sup> August. We will guide you some majestic routes in the quieter parts of north Wales, such as in the Rhinogs on the west coast overlooking Harlech and the Irish Sea. These peaks may not be as high as the inland hills but are some of the remotest in north Wales when it comes to walking. Cost per person £299 includes 3 nights bunkhouse accommodation and all breakfasts and lunch's.

## **Dates for your diary**

Level 2 First aid course 25<sup>th</sup> and 26<sup>th</sup> October Swindon Wilts. Non residential only £85pp.

HGMA-RFA club members meet will be on the 5<sup>th</sup> to 7<sup>th</sup> December at the [Cerrig Pryfaid](#) residential centre at Golan north Wales. This is open to members and their guests for £60pp and includes all meals and 2 nights' accommodation.

## **Reviews**

Do not forget if you have attended any of our course programmes you may wish to share with other potential students what you thought of your experience with HGMA-RFA.

Simply follow the link below to the Hotcourse online reviews [here...](#)

To book on any of the above or any other of our programmes follow this [link....](#)

We look forward to seeing you on the hills and crags this summer.

Marketing team  
HGMA - RFA

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